



5. Christmas Cup Uster 2023
Uster, 9. - 10.12.2023



Event 103 Women, 400m Medley 2008 and older
10.12.2023 - 16:30 Results

Swiss National Records	4:45.12	van Berkel Martina Eva	LIMM	Rio (BRA)	06.08.2016
Swiss Agegroup Records 18	4:54.90	Patt Angelina	LIMM	Geneve	16.03.2023
Swiss Agegroup Records 17	4:54.83	Gross Andrea		Zurich	20.03.1999
Swiss Agegroup Records 16	4:55.96	Gross Andrea		Antwerpen (BEL)	30.07.1998
Swiss Agegroup Records 15	4:58.62	Löhr Kay-Lyn	MEIL	Maribor (SLO)	24.07.2023

Points: FINA 2023

Rank YB Time Pts
YOB 2007 - 2008

1.	Schiess Naomie			08	SC Kreuzlingen				5:38.22	488		
	50m:	33.61	33.61	150m:	1:59.17	44.73	250m:	3:32.16	49.71	350m:	5:00.55	38.62
	100m:	1:14.44	40.83	200m:	2:42.45	43.28	300m:	4:21.93	49.77	400m:	5:38.22	37.67
2.	Camijn Moana			08	SG Liechtenstein				5:52.46	431		
	50m:	35.51	35.51	150m:	2:06.48	47.50	250m:	3:40.41	47.95	350m:	5:11.29	41.17
	100m:	1:18.98	43.47	200m:	2:52.46	45.98	300m:	4:30.12	49.71	400m:	5:52.46	41.17

2006 and older

1.	Stoffel Alisa				99	SC Uster					5:16.89	593
	50m:	31.16	31.16	150m:	1:49.91	42.04	250m:	3:16.73	45.95	350m:	4:40.40	36.31
	100m:	1:07.87	36.71	200m:	2:30.78	40.87	300m:	4:04.09	47.36	400m:	5:16.89	36.49
2.	Zwicky Cornelia				01	SC Uster					5:24.96	550
	50m:	33.27	33.27	150m:	1:54.15	42.14	250m:	3:22.05	46.94	350m:	4:47.33	38.45
	100m:	1:12.01	38.74	200m:	2:35.11	40.96	300m:	4:08.88	46.83	400m:	5:24.96	37.63
3.	Waser Vivienne				05	ST Lucerne					5:55.96	418
	50m:	37.00	37.00	150m:	2:06.73	43.15	250m:	3:40.51	51.90	350m:	5:15.42	40.29
	100m:	1:23.58	46.58	200m:	2:48.61	41.88	300m:	4:35.13	54.62	400m:	5:55.96	40.54