



5. Christmas Cup Uster 2023  
Uster, 9. - 10.12.2023



Event 104

Men, 400m Medley

2008 and older

10.12.2023 - 16:35

Results

|                           |         |                    |      |                 |            |
|---------------------------|---------|--------------------|------|-----------------|------------|
| Swiss National Records    | 4:12.86 | Desplanches Jérémy | GEN  | Rennes (FRA)    | 16.04.2019 |
| Swiss Agegroup Records 18 | 4:23.22 | Toscan Marius      | SVSW | Uster           | 19.12.2020 |
| Swiss Agegroup Records 17 | 4:26.59 | Läuffer Jacques    | LIMM | Dordrecht (NED) | 13.07.2014 |
| Swiss Agegroup Records 16 | 4:29.40 | Ponti Noè          | NSL  | Geneva          | 25.03.2017 |
| Swiss Agegroup Records 15 | 4:34.35 | Ponti Noè          | NSL  | Gyor (HUN)      | 14.12.2016 |

Points: FINA 2023

| Rank            | YB                   |         |       |       |                  |       |       |         |       |       | Time    | Pts   |
|-----------------|----------------------|---------|-------|-------|------------------|-------|-------|---------|-------|-------|---------|-------|
| YOB 2007 - 2008 |                      |         |       |       |                  |       |       |         |       |       |         |       |
| 1.              | Bruhin Demian        |         |       | 08    | SV Baar          |       |       |         |       |       | 4:55.28 | 563   |
|                 | 50m:                 | 28.99   | 28.99 | 150m: | 1:42.59          | 38.51 | 250m: | 3:05.69 | 44.92 | 350m: | 4:24.34 | 32.91 |
|                 | 100m:                | 1:04.08 | 35.09 | 200m: | 2:20.77          | 38.18 | 300m: | 3:51.43 | 45.74 | 400m: | 4:55.28 | 30.94 |
| 2.              | Arnold Julius Dian   |         |       | 07    | Limmat Sharks    |       |       |         |       |       | 4:58.86 | 543   |
|                 | 50m:                 | 30.48   | 30.48 | 150m: | 1:44.19          | 37.55 | 250m: | 3:04.93 | 41.61 | 350m: | 4:23.58 | 35.60 |
|                 | 100m:                | 1:06.64 | 36.16 | 200m: | 2:23.32          | 39.13 | 300m: | 3:47.98 | 43.05 | 400m: | 4:58.86 | 35.28 |
| 3.              | Feld Alessandro      |         |       | 08    | Limmat Sharks    |       |       |         |       |       | 5:00.51 | 534   |
|                 | 50m:                 | 30.76   | 30.76 | 150m: | 1:48.41          | 41.46 | 250m: | 3:12.53 | 43.63 | 350m: | 4:29.52 | 34.31 |
|                 | 100m:                | 1:06.95 | 36.19 | 200m: | 2:28.90          | 40.49 | 300m: | 3:55.21 | 42.68 | 400m: | 5:00.51 | 30.99 |
| 4.              | Canonica Kento       |         |       | 08    | Ast              |       |       |         |       |       | 5:11.40 | 480   |
|                 | 50m:                 | 30.62   | 30.62 | 150m: | 1:47.66          | 40.47 | 250m: | 3:12.99 | 45.61 | 350m: | 4:35.47 | 36.78 |
|                 | 100m:                | 1:07.19 | 36.57 | 200m: | 2:27.38          | 39.72 | 300m: | 3:58.69 | 45.70 | 400m: | 5:11.40 | 35.93 |
| 5.              | Schiedt Julius       |         |       | 07    | SG Liechtenstein |       |       |         |       |       | 5:13.40 | 470   |
|                 | 50m:                 | 30.66   | 30.66 | 150m: | 1:50.39          | 41.40 | 250m: | 3:17.55 | 47.65 | 350m: | 4:39.54 | 34.08 |
|                 | 100m:                | 1:08.99 | 38.33 | 200m: | 2:29.90          | 39.51 | 300m: | 4:05.46 | 47.91 | 400m: | 5:13.40 | 33.86 |
| 6.              | Tchouga Harris       |         |       | 08    | Limmat Sharks    |       |       |         |       |       | 5:17.47 | 453   |
|                 | 50m:                 | 31.76   | 31.76 | 150m: | 1:51.23          | 42.34 | 250m: | 3:19.71 | 46.25 | 350m: | 4:43.14 | 36.54 |
|                 | 100m:                | 1:08.89 | 37.13 | 200m: | 2:33.46          | 42.23 | 300m: | 4:06.60 | 46.89 | 400m: | 5:17.47 | 34.33 |
| 7.              | Artaria Massimiliano |         |       | 08    | Ast              |       |       |         |       |       | 5:19.95 | 442   |
|                 | 50m:                 | 32.64   | 32.64 | 150m: | 1:53.39          | 42.24 | 250m: | 3:19.74 | 46.49 | 350m: | 4:45.47 | 39.13 |
|                 | 100m:                | 1:11.15 | 38.51 | 200m: | 2:33.25          | 39.86 | 300m: | 4:06.34 | 46.60 | 400m: | 5:19.95 | 34.48 |
| 8.              | Franchi Tomasz       |         |       | 08    | Ast              |       |       |         |       |       | 5:21.38 | 436   |
|                 | 50m:                 | 33.88   | 33.88 | 150m: | 1:56.37          | 41.83 | 250m: | 3:22.05 | 45.05 | 350m: | 4:45.70 | 38.10 |
|                 | 100m:                | 1:14.54 | 40.66 | 200m: | 2:37.00          | 40.63 | 300m: | 4:07.60 | 45.55 | 400m: | 5:21.38 | 35.68 |

2006 and older

|                      |                            |               |       |               |         |               |       |  |     |
|----------------------|----------------------------|---------------|-------|---------------|---------|---------------|-------|--|-----|
| 1. Mueller Tobias    | 01 SV St.Gallen-Wittenbach |               |       |               | 4:55.62 |               |       |  | 561 |
| 50m: 30.11           | 30.11                      | 150m: 1:42.54 | 37.94 | 250m: 3:04.84 | 44.71   | 350m: 4:24.42 | 34.15 |  |     |
| 100m: 1:04.60        | 34.49                      | 200m: 2:20.13 | 37.59 | 300m: 3:50.27 | 45.43   | 400m: 4:55.62 | 31.20 |  |     |
| 2. Miller Jack       | 03 SC Uster                |               |       |               | 5:03.63 |               |       |  | 517 |
| 50m: 30.40           | 30.40                      | 150m: 1:46.96 | 39.22 | 250m: 3:09.94 | 44.52   | 350m: 4:30.61 | 35.10 |  |     |
| 100m: 1:07.74        | 37.34                      | 200m: 2:25.42 | 38.46 | 300m: 3:55.51 | 45.57   | 400m: 5:03.63 | 33.02 |  |     |
| 3. Maurer Kay Andrin | 03 SC Uster                |               |       |               | 5:09.70 |               |       |  | 488 |
| 50m: 30.58           | 30.58                      | 150m: 1:45.26 | 38.80 | 250m: 3:11.16 | 48.64   | 350m: 4:35.26 | 35.53 |  |     |
| 100m: 1:06.46        | 35.88                      | 200m: 2:22.52 | 37.26 | 300m: 3:59.73 | 48.57   | 400m: 5:09.70 | 34.44 |  |     |