



5. Christmas Cup Uster 2023
Uster, 9. - 10.12.2023



Event 63

Girls, 400m Medley

YOB 2011 - 2014

10.12.2023 - 9:30

Results

Swiss National Records	4:45.12	van Berkel Martina Eva	LIMM	Rio (BRA)	06.08.2016
Swiss Agegroup Records 12	5:22.54	Hauer Lilla	NSG	Tenero	24.07.2022
Swiss Agegroup Records - 11	5:42.84	Hauer Lilla	NSG	Geneva	07.11.2021

Points: FINA 2023

Rank					YB					Time	Pts	
1.	Soellner Lilly				11	SV St.Gallen-Wittenbach				5:37.97	489	
	50m:	35.17	35.17	150m:	2:00.08	43.94	250m:	3:32.63	49.50	350m:	5:00.63	38.13
	100m:	1:16.14	40.97	200m:	2:43.13	43.05	300m:	4:22.50	49.87	400m:	5:37.97	37.34
2.	Tallett Sienna				11	SC Meilen				5:55.41	420	
	50m:	38.22	38.22	150m:	2:11.74	44.56	250m:	3:45.58	50.18	350m:	5:15.79	40.27
	100m:	1:27.18	48.96	200m:	2:55.40	43.66	300m:	4:35.52	49.94	400m:	5:55.41	39.62
3.	Rasolonjatovo Alice				12	OI Narbonne Mediterranee Nat				5:57.08	415	
	50m:	37.48	37.48	150m:	2:06.93	46.98	250m:	3:44.55	51.54	350m:	5:18.53	41.33
	100m:	1:19.95	42.47	200m:	2:53.01	46.08	300m:	4:37.20	52.65	400m:	5:57.08	38.55
4.	Lim Kezia				12	SC Romanshorn				6:00.63	402	
	50m:	36.04	36.04	150m:	2:09.36	49.88	250m:	3:45.84	50.60	350m:	5:21.18	42.08
	100m:	1:19.48	43.44	200m:	2:55.24	45.88	300m:	4:39.10	53.26	400m:	6:00.63	39.45
5.	Ramel Anne				11	SK Bern				6:01.39	400	
	50m:	40.03	40.03	150m:	2:13.79	45.40	250m:	3:49.65	50.85	350m:	5:21.26	39.64
	100m:	1:28.39	48.36	200m:	2:58.80	45.01	300m:	4:41.62	51.97	400m:	6:01.39	40.13
6.	Crocì Torti Gaia				11	Mendrisiotto Nuoto				6:09.09	375	
	50m:	40.40	40.40	150m:	2:15.99	47.59	250m:	3:54.83	53.45	350m:	5:29.41	41.56
	100m:	1:28.40	48.00	200m:	3:01.38	45.39	300m:	4:47.85	53.02	400m:	6:09.09	39.68
7.	Duerler Selina				11	Limmat Sharks				6:09.59	374	
	50m:	38.12	38.12	150m:	2:14.17	50.39	250m:	3:53.92	53.69	350m:	5:30.27	43.27
	100m:	1:23.78	45.66	200m:	3:00.23	46.06	300m:	4:47.00	53.08	400m:	6:09.59	39.32
8.	Cassidy Elaine				11	SV St.Gallen-Wittenbach				6:11.53	368	
	50m:	40.84	40.84	150m:	2:20.33	50.45	250m:	3:59.61	52.72	350m:	5:33.63	40.69
	100m:	1:29.88	49.04	200m:	3:06.89	46.56	300m:	4:52.94	53.33	400m:	6:11.53	37.90
9.	Lukac Emily				12	SC Uster				6:13.84	361	
	50m:	39.48	39.48	150m:	2:20.92	49.03	250m:	4:00.35	52.65	350m:	5:35.59	41.04
	100m:	1:31.89	52.41	200m:	3:07.70	46.78	300m:	4:54.55	54.20	400m:	6:13.84	38.25
10.	Schnellmann Aline				11	SV St.Gallen-Wittenbach				6:14.38	360	
	50m:	41.32	41.32	150m:	2:16.69	47.74	250m:	3:55.28	51.25	350m:	5:32.52	44.27
	100m:	1:28.95	47.63	200m:	3:04.03	47.34	300m:	4:48.25	52.97	400m:	6:14.38	41.86
11.	Hautle Elina				11	Rhy Swimming				6:15.57	356	
	50m:	40.27	40.27	150m:	2:22.86	48.69	250m:	4:01.05	50.32	350m:	5:34.65	39.89
	100m:	1:34.17	53.90	200m:	3:10.73	47.87	300m:	4:54.76	53.71	400m:	6:15.57	40.92
12.	Leupin Anna-Maxie				11	SC Liestal				6:17.63	350	
	50m:	40.24	40.24	150m:	2:17.82	47.13	250m:	3:56.42	53.39	350m:	5:35.40	45.92
	100m:	1:30.69	50.45	200m:	3:03.03	45.21	300m:	4:49.48	53.06	400m:	6:17.63	42.23
13.	Rasolonjatovo Lucile				13	OI Narbonne Mediterranee Nat				6:18.08	349	
	50m:	41.23	41.23	150m:	2:15.96	47.71	250m:	3:58.53	56.47	350m:	5:36.94	42.44
	100m:	1:28.25	47.02	200m:	3:02.06	46.10	300m:	4:54.50	55.97	400m:	6:18.08	41.14
14.	Manz Amely				11	SCR Bremgarten				6:24.35	332	
	50m:	42.04	42.04	150m:	2:19.12	46.20	250m:	3:59.97	55.20	350m:	5:40.69	45.14
	100m:	1:32.92	50.88	200m:	3:04.77	45.65	300m:	4:55.55	55.58	400m:	6:24.35	43.66
15.	Schwarz Carolina				12	Limmat Sharks				6:25.52	329	
	50m:	42.09	42.09	150m:	2:22.81	50.52	250m:	4:06.98	54.04	350m:	5:43.96	43.87
	100m:	1:32.29	50.20	200m:	3:12.94	50.13	300m:	5:00.09	53.11	400m:	6:25.52	41.56
16.	Bachmann Giolina				11	SC Thalwil				6:27.97	323	
	50m:	43.09	43.09	150m:	2:27.02	52.07	250m:	4:10.52	52.52	350m:	5:47.48	43.49
	100m:	1:34.95	51.86	200m:	3:18.00	50.98	300m:	5:03.99	53.47	400m:	6:27.97	40.49



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Rank	YB								Time	Pts		
17.	Helfer Juline				12	Limmat Sharks				6:36.39	303	
	50m:	41.34	41.34	150m:	2:22.85	50.34	250m:	4:08.50	54.41	350m:	5:50.87	46.09
	100m:	1:32.51	51.17	200m:	3:14.09	51.24	300m:	5:04.78	56.28	400m:	6:36.39	45.52
18.	Grosswiler Andrina Lea				12	SC Romanshorn				6:41.54	291	
	50m:	42.36	42.36	150m:	2:29.40	54.34	250m:	4:15.77	54.01	350m:	5:57.91	47.04
	100m:	1:35.06	52.70	200m:	3:21.76	52.36	300m:	5:10.87	55.10	400m:	6:41.54	43.63
19.	Beck Moena				12	Limmat Sharks				6:45.17	284	
	50m:	45.64	45.64	150m:	2:33.83	53.52	250m:	4:19.48	54.87	350m:	6:01.77	45.51
	100m:	1:40.31	54.67	200m:	3:24.61	50.78	300m:	5:16.26	56.78	400m:	6:45.17	43.40
20.	Bichsel Mia				11	SK Bern				6:50.09	274	
	50m:	44.07	44.07	150m:	2:31.36	53.80	250m:	4:20.67	56.37	350m:	6:05.40	46.54
	100m:	1:37.56	53.49	200m:	3:24.30	52.94	300m:	5:18.86	58.19	400m:	6:50.09	44.69
21.	Stahel Kyara				11	SC Uster				7:06.28	243	
	50m:	48.50	48.50	150m:	2:50.50	55.21	250m:	4:38.59	56.56	350m:	6:21.96	44.96
	100m:	1:55.29	1:06.79	200m:	3:42.03	51.53	300m:	5:37.00	58.41	400m:	7:06.28	44.32