



5. Christmas Cup Uster 2023
Uster, 9. - 10.12.2023

Event 83 Girls, 400m Medley YOB 2009 - 2010
10.12.2023 - 13:55 Results

Swiss National Records	4:45.12	van Berkel Martina Eva	LIMM	Rio (BRA)	06.08.2016
Swiss Agegroup Records 14	5:04.94	De Marchi Anaïs	NSL	Tampere (FIN)	22.07.2009
Swiss Agegroup Records 13	5:10.05	Hauer Lilla	NSG	Chiasso	23.07.2023

Points: FINA 2023

Rank					YB					Time	Pts	
1.	Saladin Tara				10	SC Schaffhausen				5:27.27	539	
	50m:	33.98	33.98	150m:	1:56.87	43.03	250m:	3:23.47	44.48	350m:	4:49.05	39.22
	100m:	1:13.84	39.86	200m:	2:38.99	42.12	300m:	4:09.83	46.36	400m:	5:27.27	38.22
2.	Berie Florence				10	SC Schaffhausen				5:32.27	515	
	50m:	34.34	34.34	150m:	1:57.08	42.28	250m:	3:25.87	47.57	350m:	4:53.62	38.98
	100m:	1:14.80	40.46	200m:	2:38.30	41.22	300m:	4:14.64	48.77	400m:	5:32.27	38.65
3.	Aka Meret				09	Limmat Sharks				5:35.49	500	
	50m:	35.46	35.46	150m:	1:59.68	43.19	250m:	3:29.76	47.68	350m:	4:59.02	39.26
	100m:	1:16.49	41.03	200m:	2:42.08	42.40	300m:	4:19.76	50.00	400m:	5:35.49	36.47
4.	Hoeflaken Mia				10	SC Uster				5:37.97	489	
	50m:	33.90	33.90	150m:	1:58.80	45.27	250m:	3:29.14	46.78	350m:	4:57.52	41.35
	100m:	1:13.53	39.63	200m:	2:42.36	43.56	300m:	4:16.17	47.03	400m:	5:37.97	40.45
5.	Wohlgensinger Florina				10	Rhy Swimming				5:45.61	457	
	50m:	36.53	36.53	150m:	2:08.28	46.79	250m:	3:40.10	49.25	350m:	5:08.52	39.40
	100m:	1:21.49	44.96	200m:	2:50.85	42.57	300m:	4:29.12	49.02	400m:	5:45.61	37.09
6.	Giglio Lara				10	SV Baar				5:47.20	451	
	50m:	38.38	38.38	150m:	2:08.81	44.10	250m:	3:40.24	48.92	350m:	5:09.57	41.15
	100m:	1:24.71	46.33	200m:	2:51.32	42.51	300m:	4:28.42	48.18	400m:	5:47.20	37.63
7.	Ludi Minjia				10	Limmat Sharks				5:48.67	445	
	50m:	36.52	36.52	150m:	2:07.16	45.12	250m:	3:40.38	49.87	350m:	5:09.46	39.87
	100m:	1:22.04	45.52	200m:	2:50.51	43.35	300m:	4:29.59	49.21	400m:	5:48.67	39.21
8.	Tallett Dakota				10	SC Meilen				5:55.79	419	
	50m:	35.84	35.84	150m:	2:10.39	46.04	250m:	3:45.58	51.13	350m:	5:17.82	40.39
	100m:	1:24.35	48.51	200m:	2:54.45	44.06	300m:	4:37.43	51.85	400m:	5:55.79	37.97
9.	Billeter Leonie				09	SV St.Gallen-Wittenbach				5:59.68	406	
	50m:	38.60	38.60	150m:	2:11.87	45.24	250m:	3:47.34	51.12	350m:	5:20.61	41.48
	100m:	1:26.63	48.03	200m:	2:56.22	44.35	300m:	4:39.13	51.79	400m:	5:59.68	39.07
10.	Flueckiger Fiona				10	SC Liestal				6:07.78	379	
	50m:	37.16	37.16	150m:	2:11.36	48.34	250m:	3:50.62	50.53	350m:	5:27.27	43.41
	100m:	1:23.02	45.86	200m:	3:00.09	48.73	300m:	4:43.86	53.24	400m:	6:07.78	40.51
11.	Sunier Ayleen				10	SC Uster				6:08.16	378	
	50m:	39.05	39.05	150m:	2:14.95	48.55	250m:	3:52.70	51.35	350m:	5:28.04	43.23
	100m:	1:26.40	47.35	200m:	3:01.35	46.40	300m:	4:44.81	52.11	400m:	6:08.16	40.12
12.	Topalli Sara Lisa				09	Berner Oberland				6:14.32	360	
	50m:	40.41	40.41	150m:	2:14.27	47.79	250m:	3:54.54	53.69	350m:	5:32.75	44.84
	100m:	1:26.48	46.07	200m:	3:00.85	46.58	300m:	4:47.91	53.37	400m:	6:14.32	41.57
13.	Schuler Alija Maria				10	SC Floes				6:25.08	330	
	50m:	41.84	41.84	150m:	2:24.14	53.26	250m:	4:06.20	51.09	350m:	5:43.91	45.56
	100m:	1:30.88	49.04	200m:	3:15.11	50.97	300m:	4:58.35	52.15	400m:	6:25.08	41.17
14.	Kuebler Norah				09	SC Thalwil				6:29.16	320	
	50m:	40.03	40.03	150m:	2:26.39	52.19	250m:	4:09.39	52.23	350m:	5:47.03	45.22
	100m:	1:34.20	54.17	200m:	3:17.16	50.77	300m:	5:01.81	52.42	400m:	6:29.16	42.13
15.	Reber Leonie				09	CN Delemont				6:29.52	319	
	50m:	44.43	44.43	150m:	2:25.32	47.77	250m:	4:09.05	57.32	350m:	5:50.52	43.82
	100m:	1:37.55	53.12	200m:	3:11.73	46.41	300m:	5:06.70	57.65	400m:	6:29.52	39.00
16.	Moussa Naeda				10	SC Liestal				6:35.73	304	
	50m:	42.87	42.87	150m:	2:26.14	50.39	250m:	4:10.60	55.98	350m:	5:52.33	46.56
	100m:	1:35.75	52.88	200m:	3:14.62	48.48	300m:	5:05.77	55.17	400m:	6:35.73	43.40



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Rank	YB										Time	Pts		
17.	De Franco Nerea										10	SC Liestal	6:37.94	299
	50m:	39.36	39.36	150m:	2:21.85	52.05	250m:	4:10.42	57.79	350m:	5:53.76	44.23		
	100m:	1:29.80	50.44	200m:	3:12.63	50.78	300m:	5:09.53	59.11	400m:	6:37.94	44.18		
18.	Zatti Lena										10	Berner Oberland	6:42.31	290
	50m:	40.62	40.62	150m:	2:21.13	50.59	250m:	4:08.30	55.05	350m:	5:54.44	49.32		
	100m:	1:30.54	49.92	200m:	3:13.25	52.12	300m:	5:05.12	56.82	400m:	6:42.31	47.87		
19.	Schuler Denja Maria										10	SC Floes	6:43.74	287
	50m:	44.77	44.77	150m:	2:34.57	53.56	250m:	4:19.32	54.87	350m:	6:00.46	45.21		
	100m:	1:41.01	56.24	200m:	3:24.45	49.88	300m:	5:15.25	55.93	400m:	6:43.74	43.28		
20.	Maeder Laura										09	SC Uster	6:53.15	267
	50m:	42.48	42.48	150m:	2:37.08	52.82	250m:	4:25.44	58.07	350m:	6:11.10	46.89		
	100m:	1:44.26	1:01.78	200m:	3:27.37	50.29	300m:	5:24.21	58.77	400m:	6:53.15	42.05		
21.	Burri Annika										09	SC Thalwil	7:43.80	189
	50m:	42.95	42.95	150m:	2:40.32	56.38	250m:	4:44.16	1:08.55	350m:	6:52.42	56.18		
	100m:	1:43.94	1:00.99	200m:	3:35.61	55.29	300m:	5:56.24	1:12.08	400m:	7:43.80	51.38		