

Wettkampf 21

Damen, 400m Freistil

Jahrgang 2012 und älter
Rangliste

13.12.2025 - 15:00

Swiss National Records	4:09.29	Rigamonti Flavia	AST	Austin (USA)	2008
Swiss Agegroup Records 18	4:15.34	Rigamonti Flavia		Geneva	1999
Swiss Agegroup Records 17	4:15.63	Rigamonti Flavia		Gerlafingen	1998
Swiss Agegroup Records 16	4:18.33	Miluska Hanna	BA	Dunkerque (FRA)	2000
Swiss Agegroup Records 15	4:23.47	Rigamonti Flavia		Copenhagen (DEN)	1996
Swiss Agegroup Records 14	4:31.19	Krüger Nadia	SKBE	???	1982

Punkte: AQUA 2025

Rang			Jg.					Zeit	Pkt.
Jahrgänge 2011 - 2012									
1.	Del Bello Paula		12	SV St.Gallen-Wittenbach				4:38.46	603
	50m: 31.63	31.63	150m: 1:42.64	36.03	250m: 2:53.99	35.69	350m: 4:04.96	35.06	
	100m: 1:06.61	34.98	200m: 2:18.30	35.66	300m: 3:29.90	35.91	400m: 4:38.46	33.50	
2.	Cebic Andrea		11	Limmat Sharks				4:39.34	598
	50m: 32.04	32.04	150m: 1:42.52	35.00	250m: 2:52.99	35.22	350m: 4:04.15	35.76	
	100m: 1:07.52	35.48	200m: 2:17.77	35.25	300m: 3:28.39	35.40	400m: 4:39.34	35.19	
3.	Hirsch Frida		11	SC Kreuzlingen				4:48.26	544
	50m: 32.27	32.27	150m: 1:44.34	36.44	250m: 2:58.22	37.39	350m: 4:12.79	37.40	
	100m: 1:07.90	35.63	200m: 2:20.83	36.49	300m: 3:35.39	37.17	400m: 4:48.26	35.47	
4.	Lukac Emily		12	SC Uster				4:49.89	535
	50m: 33.12	33.12	150m: 1:45.24	36.34	250m: 2:59.87	37.55	350m: 4:14.37	37.01	
	100m: 1:08.90	35.78	200m: 2:22.32	37.08	300m: 3:37.36	37.49	400m: 4:49.89	35.52	
5.	Bonke Elisabeth		12	SV St.Gallen-Wittenbach				4:55.51	505
	50m: 33.27	33.27	150m: 1:48.13	37.70	250m: 3:03.44	37.29	350m: 4:19.03	37.76	
	100m: 1:10.43	37.16	200m: 2:26.15	38.02	300m: 3:41.27	37.83	400m: 4:55.51	36.48	
6.	Weber Therese		12	SC Uster				4:56.08	502
	50m: 32.44	32.44	150m: 1:46.05	37.17	250m: 3:02.25	38.13	350m: 4:19.24	38.28	
	100m: 1:08.88	36.44	200m: 2:24.12	38.07	300m: 3:40.96	38.71	400m: 4:56.08	36.84	
	Müller Mia		12	SV St.Gallen-Wittenbach				4:56.08	502
	50m: 33.31	33.31	150m: 1:48.47	38.12	250m: 3:04.31	37.52	350m: 4:20.15	36.71	
	100m: 1:10.35	37.04	200m: 2:26.79	38.32	300m: 3:43.44	39.13	400m: 4:56.08	35.93	
8.	Baumgartner Vida Isabella		11	SV St.Gallen-Wittenbach				4:56.29	501
	50m: 33.22	33.22	150m: 1:49.23	38.33	250m: 3:06.96	38.27	350m: 4:21.24	36.57	
	100m: 1:10.90	37.68	200m: 2:28.69	39.46	300m: 3:44.67	37.71	400m: 4:56.29	35.05	
9.	Fischer Jacqueline		11	Basel Aquatics				4:58.27	491
	50m: 33.88	33.88	150m: 1:48.70	37.45	250m: 3:04.92	37.94	350m: 4:21.31	37.95	
	100m: 1:11.25	37.37	200m: 2:26.98	38.28	300m: 3:43.36	38.44	400m: 4:58.27	36.96	
10.	Hardegger Moana Finja		11	SC Flös				5:02.39	471
	50m: 34.27	34.27	150m: 1:50.81	38.67	250m: 3:08.77	39.36	350m: 4:26.04	38.18	
	100m: 1:12.14	37.87	200m: 2:29.41	38.60	300m: 3:47.86	39.09	400m: 5:02.39	36.35	
11.	Smith Ella		12	Lugano Aquatics				5:03.63	465
	50m: 33.87	33.87	150m: 1:50.51	38.91	250m: 3:08.39	39.04	350m: 4:26.67	38.89	
	100m: 1:11.60	37.73	200m: 2:29.35	38.84	300m: 3:47.78	39.39	400m: 5:03.63	36.96	
12.	Gut Nora		12	SC Frauenfeld				5:04.97	459
	50m: 33.61	33.61	150m: 1:49.98	38.90	250m: 3:08.93	39.75	350m: 4:27.32	39.06	
	100m: 1:11.08	37.47	200m: 2:29.18	39.20	300m: 3:48.26	39.33	400m: 5:04.97	37.65	
13.	Blatter Nives		11	SK Region Murten				5:05.96	455
	50m: 33.37	33.37	150m: 1:49.43	38.59	250m: 3:07.96	39.27	350m: 4:27.70	39.96	
	100m: 1:10.84	37.47	200m: 2:28.69	39.26	300m: 3:47.74	39.78	400m: 5:05.96	38.26	
14.	Aurino Mia		12	Lugano Aquatics				5:07.30	449
	50m: 33.00	33.00	150m: 1:50.04	39.17	250m: 3:10.09	39.79	350m: 4:29.47	39.42	
	100m: 1:10.87	37.87	200m: 2:30.30	40.26	300m: 3:50.05	39.96	400m: 5:07.30	37.83	

Wettkampf 21, Mädchen, 400m Freistil, Jahrgänge 2011 - 2012

Rang					Jg.					Zeit	Pkt.	
15.	Portulez Beatriz Oliveira				11	SC Chur				5:07.62	447	
	50m:	33.35	33.35	150m:	1:49.36	38.43	250m:	3:07.73	38.88	350m:	4:27.54	39.87
	100m:	1:10.93	37.58	200m:	2:28.85	39.49	300m:	3:47.67	39.94	400m:	5:07.62	40.08
16.	Huber Melia				11	ST Lucerne				5:08.21	445	
	50m:	32.97	32.97	150m:	1:49.62	38.71	250m:	3:08.97	39.31	350m:	4:29.07	39.78
	100m:	1:10.91	37.94	200m:	2:29.66	40.04	300m:	3:49.29	40.32	400m:	5:08.21	39.14
17.	Choukhmane Nisrine				12	Turrita Nuoto				5:09.55	439	
	50m:	35.51	35.51	150m:	1:53.50	38.73	250m:	3:12.41	39.93	350m:	4:31.37	39.14
	100m:	1:14.77	39.26	200m:	2:32.48	38.98	300m:	3:52.23	39.82	400m:	5:09.55	38.18
18.	Kocher Malin				12	SK Region Murten				5:09.85	438	
	50m:	33.09	33.09	150m:	1:49.80	38.71	250m:	3:10.80	40.26	350m:	4:32.16	40.15
	100m:	1:11.09	38.00	200m:	2:30.54	40.74	300m:	3:52.01	41.21	400m:	5:09.85	37.69
19.	Monteiro da Silva Alissa				11	Turrita Nuoto				5:15.31	416	
	50m:	36.37	36.37	150m:	1:58.10	40.78	250m:	3:19.15	40.40	350m:	4:37.84	39.05
	100m:	1:17.32	40.95	200m:	2:38.75	40.65	300m:	3:58.79	39.64	400m:	5:15.31	37.47
disq.	Pawlenka Anna Sophia				12	SV Baar				4:54.75		
	<i>204 - Start vor dem Startsignal initiiert (Zeit: 15:18)</i>											
	50m:	32.60	32.60	150m:	1:46.42	37.13	250m:	3:01.91	37.58	350m:	4:17.64	37.97
	100m:	1:09.29	36.69	200m:	2:24.33	37.91	300m:	3:39.67	37.76	400m:	4:54.75	37.11

Jahrgänge 2009 - 2010

1.	Niemeyer Lia				09	SC Uster				4:47.58	548	
	50m:	33.55	33.55	150m:	1:45.78	36.36	250m:	2:59.31	36.79	350m:	4:12.88	36.73
	100m:	1:09.42	35.87	200m:	2:22.52	36.74	300m:	3:36.15	36.84	400m:	4:47.58	34.70
2.	Sendur Elin Julia				09	SV Baar				4:55.72	504	
	50m:	33.51	33.51	150m:	1:47.85	37.55	250m:	3:02.49	37.16	350m:	4:17.95	37.77
	100m:	1:10.30	36.79	200m:	2:25.33	37.48	300m:	3:40.18	37.69	400m:	4:55.72	37.77
3.	Skolik Marie				09	SV Baar				4:57.65	494	
	50m:	34.11	34.11	150m:	1:49.36	38.30	250m:	3:05.50	37.86	350m:	4:21.12	38.13
	100m:	1:11.06	36.95	200m:	2:27.64	38.28	300m:	3:42.99	37.49	400m:	4:57.65	36.53
4.	Mauri Aisha				10	Limmat Sharks				5:03.39	466	
	50m:	34.32	34.32	150m:	1:51.94	39.22	250m:	3:09.69	38.92	350m:	4:27.19	38.64
	100m:	1:12.72	38.40	200m:	2:30.77	38.83	300m:	3:48.55	38.86	400m:	5:03.39	36.20
5.	Ludi Minjia				10	Limmat Sharks				5:03.53	466	
	50m:	34.28	34.28	150m:	1:51.77	38.77	250m:	3:09.86	38.83	350m:	4:27.06	38.15
	100m:	1:13.00	38.72	200m:	2:31.03	39.26	300m:	3:48.91	39.05	400m:	5:03.53	36.47
6.	Wölfle Carla				10	SSf Singen				5:06.03	455	
	50m:	33.28	33.28	150m:	1:50.91	39.18	250m:	3:09.83	39.23	350m:	4:27.87	38.38
	100m:	1:11.73	38.45	200m:	2:30.60	39.69	300m:	3:49.49	39.66	400m:	5:06.03	38.16
7.	Baur Ann-Sophie				09	Basel Aquatics				5:07.13	450	
	50m:	34.84	34.84	150m:	1:51.88	38.87	250m:	3:09.46	38.81	350m:	4:28.89	39.59
	100m:	1:13.01	38.17	200m:	2:30.65	38.77	300m:	3:49.30	39.84	400m:	5:07.13	38.24
8.	Billeter Leonie				09	SV St.Gallen-Wittenbach				5:09.19	441	
	50m:	34.65	34.65	150m:	1:51.79	39.39	250m:	3:11.12	39.95	350m:	4:30.63	39.83
	100m:	1:12.40	37.75	200m:	2:31.17	39.38	300m:	3:50.80	39.68	400m:	5:09.19	38.56
9.	Wheeler Ruby				10	SV Baar				5:13.30	424	
	50m:	35.30	35.30	150m:	1:54.27	39.23	250m:	3:13.83	39.58	350m:	4:33.81	39.55
	100m:	1:15.04	39.74	200m:	2:34.25	39.98	300m:	3:54.26	40.43	400m:	5:13.30	39.49
10.	Krull Klara				10	SC Herisau				5:13.85	421	
	50m:	35.06	35.06	150m:	1:54.28	40.05	250m:	3:14.58	40.07	350m:	4:35.01	39.97
	100m:	1:14.23	39.17	200m:	2:34.51	40.23	300m:	3:55.04	40.46	400m:	5:13.85	38.84

Wettkampf 21, Mädchen, 400m Freistil, Jahrgänge 2009 - 2010

Rang			Jg.					Zeit	Pkt.			
11.	Mäder Laura		09	SC Uster			5:17.42	407				
	50m:	35.25	35.25	150m:	1:53.71	39.46	250m:	3:14.46	40.61	350m:	4:37.93	41.55
	100m:	1:14.25	39.00	200m:	2:33.85	40.14	300m:	3:56.38	41.92	400m:	5:17.42	39.49
12.	Bollinger Neféli		10	SC Thalwil			5:23.02	386				
	50m:	35.47	35.47	150m:	1:57.74	41.68	250m:	3:22.31	42.15	350m:	4:44.57	40.31
	100m:	1:16.06	40.59	200m:	2:40.16	42.42	300m:	4:04.26	41.95	400m:	5:23.02	38.45
13.	Banka Linea		09	SC Schaffhausen			5:32.22	355				
	50m:	36.70	36.70	150m:	2:00.11	42.04	250m:	3:24.98	42.50	350m:	4:50.45	42.87
	100m:	1:18.07	41.37	200m:	2:42.48	42.37	300m:	4:07.58	42.60	400m:	5:32.22	41.77
14.	Tanner Zoé		10	SC Uster			5:36.55	342				
	50m:	33.85	33.85	150m:	1:58.79	43.71	250m:	3:26.37	42.12	350m:	4:54.21	43.42
	100m:	1:15.08	41.23	200m:	2:44.25	45.46	300m:	4:10.79	44.42	400m:	5:36.55	42.34
abg.	Pawlenka Antonia		09	SV Baar								

Jahrgang 2008 und älter

1.	Djakovic Vanna		05	SC Uster			4:20.07	741				
	50m:	30.72	30.72	150m:	1:36.44	32.56	250m:	2:42.50	32.73	350m:	3:48.26	32.48
	100m:	1:03.88	33.16	200m:	2:09.77	33.33	300m:	3:15.78	33.28	400m:	4:20.07	31.81
2.	Patt Angelina		05	SC Uster			4:26.66	687				
	50m:	30.57	30.57	150m:	1:38.01	33.90	250m:	2:46.18	34.17	350m:	3:53.65	33.75
	100m:	1:04.11	33.54	200m:	2:12.01	34.00	300m:	3:19.90	33.72	400m:	4:26.66	33.01
3.	Koch Chiara		06	SC Uster			4:37.05	613				
	50m:	32.18	32.18	150m:	1:42.64	35.60	250m:	2:52.49	34.55	350m:	4:02.21	34.88
	100m:	1:07.04	34.86	200m:	2:17.94	35.30	300m:	3:27.33	34.84	400m:	4:37.05	34.84
4.	Freimann Noemi		05	SC Uster			4:41.05	587				
	50m:	31.97	31.97	150m:	1:43.29	36.06	250m:	2:55.05	35.76	350m:	4:06.74	35.53
	100m:	1:07.23	35.26	200m:	2:19.29	36.00	300m:	3:31.21	36.16	400m:	4:41.05	34.31
5.	Trascinelli Rachele		08	SC Uster			4:42.00	581				
	50m:	31.77	31.77	150m:	1:43.33	36.22	250m:	2:55.65	36.31	350m:	4:07.46	36.04
	100m:	1:07.11	35.34	200m:	2:19.34	36.01	300m:	3:31.42	35.77	400m:	4:42.00	34.54
6.	Zwicky Cornelia		01	SC Uster			4:50.02	534				
	50m:	32.57	32.57	150m:	1:45.54	36.57	250m:	2:59.55	37.11	350m:	4:13.85	36.77
	100m:	1:08.97	36.40	200m:	2:22.44	36.90	300m:	3:37.08	37.53	400m:	4:50.02	36.17
7.	Jambor Jasmin		08	SC Uster			4:50.14	533				
	50m:	33.40	33.40	150m:	1:46.91	37.16	250m:	3:00.66	37.15	350m:	4:14.32	36.50
	100m:	1:09.75	36.35	200m:	2:23.51	36.60	300m:	3:37.82	37.16	400m:	4:50.14	35.82
8.	Müller Sara		07	SV Baar			4:51.73	525				
	50m:	34.30	34.30	150m:	1:46.89	36.57	250m:	3:00.52	37.13	350m:	4:15.81	37.40
	100m:	1:10.32	36.02	200m:	2:23.39	36.50	300m:	3:38.41	37.89	400m:	4:51.73	35.92
9.	St-Pierre Alena		08	SC Kreuzlingen			4:51.82	524				
	50m:	33.35	33.35	150m:	1:46.92	37.05	250m:	3:00.91	37.10	350m:	4:15.97	37.59
	100m:	1:09.87	36.52	200m:	2:23.81	36.89	300m:	3:38.38	37.47	400m:	4:51.82	35.85
10.	Wagner Jasmin		83	SC Kreuzlingen			4:57.42	495				
	50m:	32.95	32.95	150m:	1:46.74	37.30	250m:	3:02.74	37.86	350m:	4:19.50	38.11
	100m:	1:09.44	36.49	200m:	2:24.88	38.14	300m:	3:41.39	38.65	400m:	4:57.42	37.92
11.	Giudici Maëlle		06	ST Lucerne			5:04.11	463				
	50m:	33.29	33.29	150m:	1:49.78	38.17	250m:	3:06.47	38.02	350m:	4:25.40	39.43
	100m:	1:11.61	38.32	200m:	2:28.45	38.67	300m:	3:45.97	39.50	400m:	5:04.11	38.71
12.	Bättig Juliana		07	SC Frauenfeld			5:04.32	462				
	50m:	34.12	34.12	150m:	1:49.95	38.54	250m:	3:08.47	39.52	350m:	4:26.98	39.51
	100m:	1:11.41	37.29	200m:	2:28.95	39.00	300m:	3:47.47	39.00	400m:	5:04.32	37.34



7. Generalica Christmas Cup Uster 2025
Uster, 13. - 14.12.2025

Entwicklung ■ Promotion ■ Generalunternehmung

Entwicklung ■ Promotion ■ Generalunternehmung

Wettkampf 21, Damen, 400m Freistil, Jahrgang 2008 und älter

Rang									Jg.									Zeit	Pkt.
13.	Teuchtmann Leonie								08	SC Bülach								5:26.66	374
	50m:	35.57	35.57	150m:	1:56.29	40.93	250m:	3:20.13	42.09	350m:	4:45.11	42.14	400m:	5:26.66	41.55				
	100m:	1:15.36	39.79	200m:	2:38.04	41.75	300m:	4:02.97	42.84										
14.	Inderbitzin Anna								04	SV Baar								5:27.46	371
	50m:	38.08	38.08	150m:	2:02.04	42.52	250m:	3:24.40	41.16	350m:	4:46.69	41.17	400m:	5:27.46	40.77				
	100m:	1:19.52	41.44	200m:	2:43.24	41.20	300m:	4:05.52	41.12										
15.	Inderbitzin Lea								04	SV Baar								5:30.47	361
	50m:	37.60	37.60	150m:	2:00.80	41.46	250m:	3:23.78	41.51	350m:	4:48.67	43.01	400m:	5:30.47	41.80				
	100m:	1:19.34	41.74	200m:	2:42.27	41.47	300m:	4:05.66	41.88										
abg.	Helfenstein Linda								04	SC Chur									
abg.	Martinez Naomi Layla								07	SC Uster									