



7. Generalica Christmas Cup Uster 2025
Uster, 13. - 14.12.2025

Wettkampf 81 14.12.2025 - 14:00	Damen, 400m Lagen				Jahrgang 2012 und älter Rangliste	
Swiss National Records	4:45.12	van Berkel Martina Eva	LIMM	Rio (BRA)		2016
Swiss Agegroup Records 18	4:54.90	Patt Angelina	LIMM	Geneve		2023
Swiss Agegroup Records 17	4:54.83	Gross Andrea		Zurich		1999
Swiss Agegroup Records 16	4:55.96	Gross Andrea		Antwerpen (BEL)		1998
Swiss Agegroup Records 15	4:58.62	Löhr Kay-Lyn	MEIL	Maribor (SLO)		2023
Swiss Agegroup Records 14	5:02.05	Hauer Lilla	GEN	Uster		2024

Punkte: AQUA 2025

Rang			Jg.					Zeit	Pkt.			
Jahrgänge 2011 - 2012												
1.	Dürler Selina		11	Limmat Sharks				5:17.86	575			
	50m:	32.02	32.02	150m:	1:53.54	43.05	250m:	3:21.04	46.06	350m:	4:43.54	35.76
	100m:	1:10.49	38.47	200m:	2:34.98	41.44	300m:	4:07.78	46.74	400m:	5:17.86	34.32
2.	Lukac Emily		12	SC Uster				5:29.97	514			
	50m:	33.66	33.66	150m:	1:58.20	44.09	250m:	3:27.72	47.53	350m:	4:53.97	37.55
	100m:	1:14.11	40.45	200m:	2:40.19	41.99	300m:	4:16.42	48.70	400m:	5:29.97	36.00
3.	Allegrini Gianna		12	SV St.Gallen-Wittenbach				5:31.45	507			
	50m:	34.17	34.17	150m:	1:59.55	42.74	250m:	3:30.16	48.90	350m:	4:54.90	36.96
	100m:	1:16.81	42.64	200m:	2:41.26	41.71	300m:	4:17.94	47.78	400m:	5:31.45	36.55
4.	Müller Mia		12	SV St.Gallen-Wittenbach				5:36.56	484			
	50m:	33.76	33.76	150m:	1:59.75	47.08	250m:	3:32.60	48.92	350m:	5:00.04	39.64
	100m:	1:12.67	38.91	200m:	2:43.68	43.93	300m:	4:20.40	47.80	400m:	5:36.56	36.52
5.	Bonke Elisabeth		12	SV St.Gallen-Wittenbach				5:38.29	477			
	50m:	36.29	36.29	150m:	2:06.72	45.29	250m:	3:36.11	45.85	350m:	5:01.15	38.21
	100m:	1:21.43	45.14	200m:	2:50.26	43.54	300m:	4:22.94	46.83	400m:	5:38.29	37.14
6.	Bernardon Anna		11	Limmat Sharks				5:41.17	465			
	50m:	36.46	36.46	150m:	2:04.06	44.28	250m:	3:33.94	47.46	350m:	5:02.83	40.49
	100m:	1:19.78	43.32	200m:	2:46.48	42.42	300m:	4:22.34	48.40	400m:	5:41.17	38.34
7.	Locher Lynn		12	SC Uster				5:44.08	453			
	50m:	35.31	35.31	150m:	2:03.32	44.87	250m:	3:36.72	48.71	350m:	5:06.51	39.46
	100m:	1:18.45	43.14	200m:	2:48.01	44.69	300m:	4:27.05	50.33	400m:	5:44.08	37.57
8.	Woods Olivia		12	SV Wädenswil				5:51.49	425			
	50m:	36.37	36.37	150m:	2:06.92	46.69	250m:	3:40.89	48.27	350m:	5:11.90	40.94
	100m:	1:20.23	43.86	200m:	2:52.62	45.70	300m:	4:30.96	50.07	400m:	5:51.49	39.59
9.	Portulez Beatriz Oliveira		11	SC Chur				5:51.96	423			
	50m:	36.72	36.72	150m:	2:06.94	45.33	250m:	3:42.99	51.97	350m:	5:14.68	39.14
	100m:	1:21.61	44.89	200m:	2:51.02	44.08	300m:	4:35.54	52.55	400m:	5:51.96	37.28
10.	Schwarz Carolina		12	Limmat Sharks				5:52.07	423			
	50m:	38.31	38.31	150m:	2:08.70	47.28	250m:	3:44.49	51.93	350m:	5:15.01	42.51
	100m:	1:21.42	43.11	200m:	2:52.56	43.86	300m:	4:32.50	48.01	400m:	5:52.07	37.06
11.	Sulger Melina		11	SC Uster				5:57.33	405			
	50m:	36.58	36.58	150m:	2:10.59	48.43	250m:	3:46.17	49.60	350m:	5:17.71	41.67
	100m:	1:22.16	45.58	200m:	2:56.57	45.98	300m:	4:36.04	49.87	400m:	5:57.33	39.62
12.	Riedweg Nina		12	ST Lucerne				6:13.74	353			
	50m:	40.40	40.40	150m:	2:14.87	47.03	250m:	3:54.91	53.63	350m:	5:31.82	43.37
	100m:	1:27.84	47.44	200m:	3:01.28	46.41	300m:	4:48.45	53.54	400m:	6:13.74	41.92
13.	Glanzmann Chaya		12	SCR Bremgarten				6:14.83	350			
	50m:	43.66	43.66	150m:	2:25.07	50.31	250m:	4:01.18	46.88	350m:	5:34.64	43.84
	100m:	1:34.76	51.10	200m:	3:14.30	49.23	300m:	4:50.80	49.62	400m:	6:14.83	40.19

Wettkampf 81, Damen, 400m Lagen

Jahrgänge 2009 - 2010

1. Wohlgensinger Florina	10	SV St.Gallen-Wittenbach	5:33.72	497
50m: 36.20 36.20	150m: 2:06.07 42.41	250m: 3:31.91 44.50	350m: 4:56.37 38.03	
100m: 1:23.66 47.46	200m: 2:47.41 41.34	300m: 4:18.34 46.43	400m: 5:33.72 37.35	
2. Ludi Minjia	10	Limmat Sharks	5:44.70	451
50m: 35.29 35.29	150m: 2:01.83 44.47	250m: 3:33.35 48.32	350m: 5:05.13 40.68	
100m: 1:17.36 42.07	200m: 2:45.03 43.20	300m: 4:24.45 51.10	400m: 5:44.70 39.57	
3. Kalouskova Lucie	10	Limmat Sharks	5:58.41	401
50m: 36.31 36.31	150m: 2:10.04 49.97	250m: 3:46.67 48.67	350m: 5:18.24 42.34	
100m: 1:20.07 43.76	200m: 2:58.00 47.96	300m: 4:35.90 49.23	400m: 5:58.41 40.17	

Jahrgang 2008 und älter

1. Zwicky Cornelia	01	SC Uster	5:21.83	554
50m: 32.56 32.56	150m: 1:52.69 41.97	250m: 3:20.54 46.57	350m: 4:45.00 38.02	
100m: 1:10.72 38.16	200m: 2:33.97 41.28	300m: 4:06.98 46.44	400m: 5:21.83 36.83	
2. Bättig Juliana	07	SC Frauenfeld	5:53.77	417
50m: 36.51 36.51	150m: 2:05.61 45.08	250m: 3:41.67 52.77	350m: 5:14.80 38.84	
100m: 1:20.53 44.02	200m: 2:48.90 43.29	300m: 4:35.96 54.29	400m: 5:53.77 38.97	