

Event 82
14.12.2025 - 14:20
Men, 400m Medley
2012 and older
Results

Swiss National Records	4:12.86	Desplanches Jérémy	GEN	Rennes (FRA)	2019
Swiss Agegroup Records 18	4:23.22	Toscan Marius	SVSW	Uster	2020
Swiss Agegroup Records 17	4:26.59	Läuffer Jacques	LIMM	Dordrecht (NED)	2014
Swiss Agegroup Records 16	4:29.40	Ponti Noè	NSL	Geneva	2017
Swiss Agegroup Records 15	4:34.35	Ponti Noè	NSL	Gyor (HUN)	2016
Swiss Agegroup Records 14	4:35.57	Niederberger Julien	NSL	Gyor (HUN)	2019

Points: AQUA 2025

Rank YB Time Pts

YOB 2011 - 2012

1. Middelmann Julian	11	Limmat Sharks	5:09.55	480
50m: 30.25 30.25	150m: 1:47.47 40.62	250m: 3:14.86 46.28	350m: 4:36.69 33.89	
100m: 1:06.85 36.60	200m: 2:28.58 41.11	300m: 4:02.80 47.94	400m: 5:09.55 32.86	
2. Wuest Julius	11	Limmat Sharks	5:16.21	451
50m: 31.30 31.30	150m: 1:51.84 42.25	250m: 3:16.37 42.83	350m: 4:39.07 37.69	
100m: 1:09.59 38.29	200m: 2:33.54 41.70	300m: 4:01.38 45.01	400m: 5:16.21 37.14	
3. Minakov Alexey	12	SV Baar	5:19.05	439
50m: 31.97 31.97	150m: 1:55.72 43.98	250m: 3:20.62 42.95	350m: 4:43.35 37.72	
100m: 1:11.74 39.77	200m: 2:37.67 41.95	300m: 4:05.63 45.01	400m: 5:19.05 35.70	
4. Neidow Benjamin	12	SG Liechtenstein	5:26.81	408
50m: 34.55 34.55	150m: 1:58.92 42.64	250m: 3:25.78 45.87	350m: 4:50.42 37.40	
100m: 1:16.28 41.73	200m: 2:39.91 40.99	300m: 4:13.02 47.24	400m: 5:26.81 36.39	
5. Schwab Jaron	11	ST Biel-Bienne	5:28.85	400
50m: 34.48 34.48	150m: 2:02.26 44.64	250m: 3:30.50 45.75	350m: 4:53.92 38.18	
100m: 1:17.62 43.14	200m: 2:44.75 42.49	300m: 4:15.74 45.24	400m: 5:28.85 34.93	
6. Tarone Tiago	11	Limmat Sharks	5:31.55	391
50m: 33.66 33.66	150m: 2:01.03 45.33	250m: 3:30.90 46.16	350m: 4:55.45 37.39	
100m: 1:15.70 42.04	200m: 2:44.74 43.71	300m: 4:18.06 47.16	400m: 5:31.55 36.10	
7. Ofutin Fedor	11	SC Meilen	5:38.16	368
50m: 34.96 34.96	150m: 2:02.02 42.96	250m: 3:32.67 48.56	350m: 5:00.95 37.71	
100m: 1:19.06 44.10	200m: 2:44.11 42.09	300m: 4:23.24 50.57	400m: 5:38.16 37.21	
8. Aerni Leo	11	SC Chur	5:41.70	357
50m: 33.00 33.00	150m: 1:56.85 43.62	250m: 3:31.51 51.74	350m: 5:02.33 40.03	
100m: 1:13.23 40.23	200m: 2:39.77 42.92	300m: 4:22.30 50.79	400m: 5:41.70 39.37	
9. Hofstaetter Lionel	12	Limmat Sharks	5:46.06	344
50m: 33.32 33.32	150m: 2:00.46 44.87	250m: 3:33.16 48.09	350m: 5:04.91 41.13	
100m: 1:15.59 42.27	200m: 2:45.07 44.61	300m: 4:23.78 50.62	400m: 5:46.06 41.15	
10. Hensel Noe	12	SV St.Gallen-Wittenbach	5:46.54	342
50m: 38.07 38.07	150m: 2:09.19 47.03	250m: 3:42.17 51.13	350m: 5:11.90 38.11	
100m: 1:22.16 44.09	200m: 2:51.04 41.85	300m: 4:33.79 51.62	400m: 5:46.54 34.64	
11. Almendinger Luk	12	Limmat Sharks	5:52.54	325
50m: 37.13 37.13	150m: 2:07.61 44.22	250m: 3:43.11 51.50	350m: 5:14.39 40.71	
100m: 1:23.39 46.26	200m: 2:51.61 44.00	300m: 4:33.68 50.57	400m: 5:52.54 38.15	
12. Cioe Darko	12	Bolzano Nuoto	6:01.03	303
50m: 37.59 37.59	150m: 2:13.50 47.95	250m: 3:50.12 49.69	350m: 5:21.33 39.27	
100m: 1:25.55 47.96	200m: 3:00.43 46.93	300m: 4:42.06 51.94	400m: 6:01.03 39.70	
13. Sutter Lennox	12	ST Biel-Bienne	6:06.72	289
50m: 40.79 40.79	150m: 2:20.19 49.64	250m: 3:54.99 47.42	350m: 5:27.78 45.07	
100m: 1:30.55 49.76	200m: 3:07.57 47.38	300m: 4:42.71 47.72	400m: 6:06.72 38.94	
14. Moussa Ali	12	SC Liestal	6:11.32	278
50m: 40.37 40.37	150m: 2:18.31 47.90	250m: 3:56.37 51.48	350m: 5:31.98 42.76	
100m: 1:30.41 50.04	200m: 3:04.89 46.58	300m: 4:49.22 52.85	400m: 6:11.32 39.34	

Event 82, Men, 400m Medley

YOB 2009 - 2010

1.	Yotsumoto Yuuki	10	Limmat Sharks	4:51.11	578
	50m: 31.03 31.03	150m: 1:45.49 38.38	250m: 3:03.24 39.29	350m: 4:18.25 33.43	
	100m: 1:07.11 36.08	200m: 2:23.95 38.46	300m: 3:44.82 41.58	400m: 4:51.11 32.86	
2.	Neidow Jonathan	10	SG Liechtenstein	4:54.10	560
	50m: 31.30 31.30	150m: 1:44.90 37.06	250m: 3:03.86 42.62	350m: 4:20.72 34.69	
	100m: 1:07.84 36.54	200m: 2:21.24 36.34	300m: 3:46.03 42.17	400m: 4:54.10 33.38	
3.	Paulon Giuliano	09	SC Thalwil	4:56.54	546
	50m: 31.83 31.83	150m: 1:50.30 40.29	250m: 3:08.13 38.36	350m: 4:23.06 35.25	
	100m: 1:10.01 38.18	200m: 2:29.77 39.47	300m: 3:47.81 39.68	400m: 4:56.54 33.48	
4.	Lukac Nicola	10	SC Uster	5:06.63	494
	50m: 31.18 31.18	150m: 1:48.85 40.39	250m: 3:11.06 43.70	350m: 4:31.54 36.42	
	100m: 1:08.46 37.28	200m: 2:27.36 38.51	300m: 3:55.12 44.06	400m: 5:06.63 35.09	
5.	Khereddine Yanis	10	Limmat Sharks	5:11.82	470
	50m: 32.48 32.48	150m: 1:52.25 41.07	250m: 3:17.69 45.41	350m: 4:38.78 34.67	
	100m: 1:11.18 38.70	200m: 2:32.28 40.03	300m: 4:04.11 46.42	400m: 5:11.82 33.04	
6.	Horin Arsenii	10	SV St.Gallen-Wittenbach	5:15.63	453
	50m: 32.93 32.93	150m: 1:53.94 42.33	250m: 3:17.66 43.65	350m: 4:40.38 36.69	
	100m: 1:11.61 38.68	200m: 2:34.01 40.07	300m: 4:03.69 46.03	400m: 5:15.63 35.25	
7.	Matter Jasper	10	SCR Bremgarten	5:27.59	405
	50m: 32.15 32.15	150m: 1:53.17 42.04	250m: 3:25.11 50.13	350m: 4:52.57 36.77	
	100m: 1:11.13 38.98	200m: 2:34.98 41.81	300m: 4:15.80 50.69	400m: 5:27.59 35.02	
8.	Spitaler Fabian	09	Bolzano Nuoto	5:27.65	405
	50m: 33.34 33.34	150m: 1:54.95 41.82	250m: 3:23.78 48.69	350m: 4:50.90 38.19	
	100m: 1:13.13 39.79	200m: 2:35.09 40.14	300m: 4:12.71 48.93	400m: 5:27.65 36.75	
WDR	Steulet Noah	10	CN Delemont		
WDR	Peppinghaus Lars	10	SC Floes		

2008 and older

1.	Rykov Vladyslav	08	SC Buelach	4:48.15	596
	50m: 30.88 30.88	150m: 1:43.12 37.32	250m: 3:01.41 40.90	350m: 4:16.13 32.73	
	100m: 1:05.80 34.92	200m: 2:20.51 37.39	300m: 3:43.40 41.99	400m: 4:48.15 32.02	
2.	Hasler Pyry	07	SG Liechtenstein	5:21.77	428
	50m: 33.29 33.29	150m: 1:56.85 43.05	250m: 3:22.45 44.93	350m: 4:46.08 38.31	
	100m: 1:13.80 40.51	200m: 2:37.52 40.67	300m: 4:07.77 45.32	400m: 5:21.77 35.69	
WDR	Feld Alessandro	08	SC Thalwil		